

Intuition

By Sandy Andrew

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What is intuition?

Have you ever had those quiet moments when gentle thoughts or ideas enter your mind in peaceful ways for finding solutions to difficult problems at work or at home? You cannot rationally or scientifically explain these moments of “gut feelings” or “instincts” that lead to potential solutions to tasks and goals in your life, but you know these thoughts happen.

Do you inwardly know when something is right and when it is wrong, without consulting another person, nor even researching the subject from memory or other source?

The above are examples of intuition at work.

Why Do I need Intuition?

Intuition can also be viewed as a form of instinct. Without instincts we would most likely wander aimlessly through life bouncing from one unfulfilling and incomplete task after another. Tasks and goals—which are the practically the purpose of life—would be difficult to achieve. We would be like millions of tiny ships sailing the world’s oceans trying to navigate to our destination port but sailing in a chaotic negative manner and achieving very little along the way.

We need our instincts, our intuition to find the life path that is meant for us so we achieve the wonderful goals that life on Earth can offer us.

How to access it and use intuition

Firstly, understand that intuition is the same as your “gut feelings” or your “instincts”.

Secondly, do not give in to making hasty decisions when you find yourself embroiled in fear, hate, and anger as these are negative emotions; which you are allowed to feel and experience as you are a human being. Negative emotions are not intuition—calm yourself down and focus your thoughts on the truth, logic, and peace.

Thirdly, focus your mind on truth, logic, and peace and you will find that the intuitive answers you seek will come to light. Sometimes they will be clear for you in your daily thinking, and other times they come to your thoughts from a different

angle or perspective that you were not aware of; showing you a different path for you to reach your goal. You will know when it is intuition as you will sense inner peace while motivated into action. Use your own intuition to find the fulfillment and harmony that you seek in your life.

The best thing about intuition is that it's it will always be universally and unconditionally free to you—it is all yours and it will never cost you a dime.

*Author of *Your Never-Ending Life: Book 1 of the Universal Learning Series*, Sandy Andrew was born in the Scottish town of Paisley. Sandy has lived, worked, and studied globally in Scotland, England, South Africa, and the USA. He has obtained qualifications in Advanced Craft Decorating, Construction Estimating, and a degree in Business Management to name a few. From these diverse studies and drawing on his own life experiences, Sandy formed the concept of the Universal Learning theory. Sandy currently resides in Kansas City, USA. For more information visit www.universallearningseries.com*