

The Mystical Belief of Past Lifetimes

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What is a Past Life?

A past life is a previous existence as a life form on earth, or other life supporting planetary body in this living physical dimension of the universe.

Previous life form on earth you may ask? You are an eternal spirit; you cannot, and will not cease to exist in the universe—the spiritual dimension. Most human beings acknowledge they sense there is some form of life after death. There are many different viewpoints on how and why this eternal existence transpires; nonetheless the belief of eternal existence is prevalent.

Other planetary body you may also ask? There are billions of stars in the Milky Way galaxy, and billions of galaxies in the physical universe. Science claimed for years that water may have flowed on the surface of Mars; now they have stated that there is frozen water beneath the surface of Mars. Who in a rational and logical state-of-mind would claim there never has been, and never will be, life anywhere in the cosmos but here on Earth? The notion of past, present, and future extra-terrestrial life is practical a certainty.

Therefore the spirit can incarnate into an extra terrestrial life form. Are they humanoid in appearance? Some maybe are some maybe quite bizarre looking! Nonetheless you can still incarnate into such a life form.

So a past life is here on planet Earth or elsewhere in the universe.

Uncovering your Past Lives

What do you fear in life? What do you dream about?

You can gain insight to your past lives by accessing you higher mind. This is achieved by calming your thoughts through meditation and prayer to achieve a more balanced state-of-mind. Achieving this mind state will allow your higher mind/spirit (same thing) to start accessing the flow of universal energy which is the medium that all knowledge flows in.

As you start to tap into the energy flow you will feel consciously and subconsciously drawn towards historical events and different geographical regions of Earth. You may even be drawn towards the stars, meaning a lifetime as on a different planetary body other than Earth. In your higher mind you will

begin to subconsciously sense who you were and what you experienced in that lifetime. Trust your feelings and the guidance from your spiritual guides (angels).

That startling reality is that we all ready know about our past lives and the nature of the universe—all of us! However, while incarnated into a lifetime of learning we cannot have access to this knowledge as it would nullify the sensation of true experience and learning. Therefore you have to train your human body to process the information that is present for you in form of universal energy for your spiritual development.

You can also consult a professional psychic clairvoyant to perform a past life reading for you. Some people doubt and inwardly fear the power of psychic clairvoyance? Perhaps it is the fear of the unknown, or what the reader may tell them. A good psychic will tell you events that have transpired in you life that was impossible for them to know. When this reader passes on the information you will know in your soul what is being spoken is true.

Why uncover your Past Lives?

You may begin to consciously awaken yourself to the realization of who you really are in the transcendent universe? You may feel rejuvenated by unwrapping the inner knowledge you carry within you that may have been suppressed by yourself or even by others.

Never surrender to those that oppress the growth of spiritual awareness and/or science. There is nothing to fear in learning about science or spirituality. Planet Earth is approximately four billion years old, not five thousand.

You may achieve an inner sense of peace in your current life by understanding more of the universe, your spiritual past, and what has shaped your spirit so far in your eternal never-ending life.

*Author of *Your Never-Ending Life: Book 1 of the Universal Learning Series*, Sandy Andrew was born in the Scottish town of Paisley. Sandy has lived, worked, and studied globally in Scotland, England, South Africa, and the USA. He has obtained qualifications in Advanced Craft Decorating, Construction Estimating, and a degree in Business Management to name a few. From these diverse studies and drawing on his own life experiences, Sandy formed the concept of the Universal Learning theory. Sandy currently resides in Kansas City, USA. For more information visit www.universallearningseries.com*