

## **Your Never-Ending Life: Book 1 of the Universal Learning Series**

By Sandy Andrew

ISBN 1-933538-33-3

Sandy Andrew takes the teaching of Universal Learning and breaks it do to digestible lessons that can either be digested as parts or as a whole. Andrew has grouped these lessons together by Spirit- who you are; Lifetime – why you are here; and the final chapter that puts that understanding together with the spiritual guidance from the universe that you receive but more often than not have a tendency to ignore, in order for you to begin living the way you were meant to.

Most other books that I have read on this topic tend to only talk about the life energy between all living things or about the spiritual guidance of God. This has been the only book, thus so far, that I have read that emphasizes the importance of both. You see so much being said about adhering to a balance in life yet it seems so difficult at times to accept that there must also be a spiritual balance between how much you put into the hands of a higher being and how much you take into your own hands. I think Andrew says it best when he tells us to “not blame God for earthly catastrophic events....you are currently residing on a living, breathing planet, not a perfect sanctuary.” He goes on to point out that “God does not directly control events that occur on this planet; human beings do.” To me this book is a bridge between the different spiritual views of the world because it speaks on the basic understanding that we each cause and have an effect on the world in which we live. I think at one point of another we have a tendency to forget that lesson. Andrew’s book, to me, is a gentle reminder that comes straight to the point without some preconceived level of judgment. That’s something I think we all can use at some point or another in our lives. In the world we live in the more we try or feel we need to do; the more important it is to be reminded that we are part of a bigger picture not the whole picture. Andrew’s book is small and non-intimidating enough that you can pick it up when you need to regroup, go to the point that you need the most, and be able to walk away with a level of perspective of the overall picture of the universe.

By Jennifer Somerset

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